

St. Bernard de Clairvaux Church



MEMORARE OF ST. BERNARD

Remember, O Most Gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of Virgins, my Mother; to thee do I come; before thee do I stand sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but, in thy mercy, hear and answer me. Amen.

Schools:

St. Bernard Elementary School: 416-393-5261
Chaminade College School: 416-393-5509

1789 Lawrence Avenue West
Toronto, Ontario M6L 1E3

Tel: 416-241-6738 • Fax: 416-241-8776
E-Mail: stbernarddeclairvauxto@archtoronto.org
Website: www.stbernarddeclairvauxto

Sunday Masses:

Saturday	5:00 pm	English
Sunday	9:00 am	Italian
	10:30 am	English
	12:00 pm	English
	3:00 pm	Malayalam Community

Confessions: ½ hour before each Sunday Mass or by appointment

Daily Masses in English:

Monday & Friday at 7:00 pm
Wednesday at 7:00 pm with Devotion to Our Lady of Perpetual Help with Rosary at 6:30 pm
Saturday at 9:00 am

Daily Masses in Italian:

Tuesday & Thursday at 8:00 am

Pastoral Team:

Fr. Boniface Perri, Pastor
Fr. Jose Johnny, Associate Pastor/Chaplain to Sacred Heart Kerala Community
Fr. Francesco Pica, In Residence
Gina Orofino, Parish Secretary
Brenda Carvalho, Bookkeeper

Office Hours:

Monday to Friday:	8:30 am - 12:30 pm
	1:30 pm - 4:00 pm
Saturday:	9:00 am - 12:00 pm

Baptisms: Parents seeking to have their child baptized must call the Parish Office to request a "Baptism Request Form". Baptism certificate for Catholic parents and Confirmation certificates for the Godparents is necessary. When documentation is complete call the Parish Office to set up an appointment with the Pastor. Upon approval from the Pastor, a Baptism date will be given.

Marriages: Couples must contact the parish office at least one year in advance. No date may be set before meeting with the priest. A marriage course is a pre-requisite.

Parish Groups:

Over 50 Club
Knights of Columbus
St. Bernard Catholic Women's League
Society of Saint Vincent de Paul

Parish Activities:

First Friday Adoration
Visitation of the Homebound

PLEASE CALL THE PARISH OFFICE FOR MORE DETAILS



LIVING LENT

Purpose of Lent Today: Lent is a time of prayer and penance, when Christ wants to lead us back to our baptismal promises of dying to sin and of living for God. We prepare ourselves to enter once again into Jesus' Paschal mystery and to renew it in our lives. Jesus invited us to follow him by carrying our cross with him each day. (Luke 9:23) He indicated that his followers would fast and do penance after he returned to heaven. (Luke 5:33-35) We are to go hungry and thirsty for the sake of justice (Matthew 5:6) and to do our praying, fasting and almsgiving without showing off. (Matthew 6:16, 16:17)

From the earliest centuries, Jesus' followers have tried to follow these commands. Since it was on a Friday that Jesus freely died to save us from our sins, the faithful made a special effort to do some form of penance on this day: going without food for most of the day, spending extra time in prayer, doing good works, refraining from eating meat. Like St. Paul, they wanted to offer their penances for Christ's body, the Church. (Colossians 1:24)

Over the centuries, these forms of penance have varied, and sometimes have been neglected. Today, we are being invited once more to obey our Saviour: we are to do penance for our sins and those of others, for the people of God, for peace in the world, and for the building up of God's kingdom on earth. So to make Lent an effective time of renewal for the great celebration of Easter, let us commit ourselves to the practices of Lent.

Praying: Jesus and his apostles tell us to pray always, to be constant in prayer. Traditional times for Christians to pray are morning, evening and mealtimes. Personal prayer is a necessary preparation for our sharing in the Church's public worship, the liturgy. In our love, we join Jesus and all God's people in praying for ourselves, for our family and friends, for our leaders, for those who suffer, and for the Church and the world.

Fasting: Fasting means cutting down on the amount and richness of our food and drink. Done as a penance for sin, it helps us to pray better: an empty stomach can lead to more attentive prayer. The money we save on food should be given to others in alms. The law of fasting obliges adults until they are 60 years old.

Abstinence: This form of penance needs to be seen as a near cousin of fasting. We may give up meat especially on Fridays, the day of Christ's saving death on the cross. Our abstinence is another way of sharing in Christ's work of saving the world. We may also substitute other good actions for abstinence from meat. These could include special acts of charity (visiting the sick or aged, helping those in any need, contributing time or money to a work of charity) or other acts of piety.

Giving Alms: We give alms to help God's poor and to support the good works of the Church and other positive agencies. Again our help is being given to Christ in his brothers and sisters. Blessed Teresa of Calcutta when asked how much to give "give until you can feel it". We do not give in order to show off or keep up with others; instead we give cheerfully to God, who has given us everything we have.

Excerpts from the Canadian Conference of Catholic Bishops

PARISH LENTEN RETREATS

Have you ever wondered, why we stand and sit during Mass. Why, does Fr. add a bit of water to the wine and do the colours at Mass mean anything?

The Mass is our primary act of worship to God and the Eucharist is the source and summit of our spiritual life. It has a fascinating theology and history that helps to bring what we do alive and brings us closer to God.

Join Fr. Boniface on Tuesday, March 14 to Thursday, March 16 at 7:00 pm

to discover this deeper meaning of the Mass.
Mass will be celebrated on Wednesday.

ITALIAN LENTEN RETREAT

We invite you to join Rev. Francesco Armenti for 2 days of retreat as we prepare to celebrate the beauty of Easter.

On Friday, March 10th, at 6:30 pm,

Stations of the Cross & Mass will be celebrated in Italian and English and Rev. Francesco will preach the retreat in Italian.

Then on Saturday, March 11th, at 11:00 am,

there will be Exposition of the Blessed Sacrament at the conclusion of the retreat.

Vi invitiamo ad unirvi al ritiro quaresimale con la presenza di Don Francesco Armenti direttamente dall'Italia per 2 giorni.

Prepariamoci a celebrare la bellezza della Pasqua...

Venerdì 10 marzo, alle 18:30,

con la Via Crucis e la Messa in italiano e inglese...

Don Francesco predicherà il ritiro in italiano...

Sabato 11 marzo, alle ore 11, ci sarà l'esposizione del Santissimo Sacramento e la conclusione del ritiro.

St. Vincent De Paul Bundle Up Weekend SPRING CLEANING – YEAR ROUND

Bring your gently used clothing and household items to share with others

the weekend of March 11 - 12.

The St. Vincent de Paul truck will be in the church parking lot, so please share what you can with those less fortunate.

We will donate or sell these donations to support our outreach efforts.

Thank you for your continued support.

BANQUET HALL RENTAL

We have been getting numerous inquiries regarding the use of our hall. Please note the following information:

- Rent Fee from beginning to end of event (including set up time) is \$1,300.00 for the full day and \$650.00 for half day (up to 6 hours) additional cost for Insurance, liquor licence and security deposit

For hall reservations and/or additional information please contact Elizabeth at the parish office.



MASS INTENTIONS

SATURDAY, FEB. 25th TO SUNDAY, MARCH 5th.

Sat 25 th	5:00 pm	Fernando Beltrano Rosa Morrone Francesco Patitucci & Patitucci Family Maria Girimonte-Bruno Rocco Vitulli Xuyen Nguyen Antonina Pantig
Sun 26 th	9:00 am	Giovanni Monte Francesco Conforti Mauro Ardizzi Pia Ardizzi Bambina & Enrico Falasca Ivo Zuech
	10:30 am	Jose Nieto Kevin William Molod
	12:00 pm	PRO POPOLO
Mon 27 th	6:30 pm 7:00 pm	Holy Rosary
Tues 28 th	8:00 am	
Wed 01 st	6:30 pm 7:00 pm	Holy Rosary
Thurs 02 nd	8:00 am	Filippo & Maria Tatangelo Antonietta & Ferdinando Ferri
Fri 03 rd	FIRST FRIDAY 6:30 pm 7:00 pm	Stations of the Cross
Sat 04 th	5:00 pm	Ken Atherley Luigi Sottile
Sun 05 th	9:00 am	Amelia, Adolfo & Angelo Artuso Defunti Famiglia Artuso Mauro Ardizzi Pia Ardizzi Adolorata & Nicola Matricciano Benito & Maria Bellissimo
	10:30 am	PRO POPOLO
	12:00 pm	



New Liturgical Practise for Lent

To keep the solemnity of Lent this year, we will pray the Nicene Creed instead of the Apostles Creed during the Mass. In doing so we will be in union with our brothers and sisters throughout the world and even in own Parish, who normally pray the Nicene Creed. "This is the Creed we pray at the Italian and Malayaam Masses every Sunday." You can find the Nicene Creed in your missalettes, in the inside front cover of the "Gather Hymnals" or printed below:

I believe in one God, the Father almighty, maker of heaven of earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, The Only Begotten Son of God, Born of the Father before all ages.

God from God, Light from Light, True God from true God, begotten, not made, consubstantial with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven,

*All bow at the following words up to and including:
and became man.*

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

STATIONS OF THE CROSS DURING LENT

Every Friday from

February 24th to March 31st at 6:30 pm in English

Followed immediately by Mass

VIA CRUCIS

Durante la quaresima ci sara' il pio esercizio della Via Crucis ogni venerdi alle ore 6:30 pm

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