

St. Bernard de Clairvaux Church



MEMORARE OF ST. BERNARD

Remember, O Most Gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of Virgins, my Mother; to thee do I come; before thee do I stand sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but, in thy mercy, hear and answer me. Amen.

Schools:

St. Bernard Elementary School: 416-393-5261
Chaminade College School: 416-393-5509

1789 Lawrence Avenue West
Toronto, Ontario M6L 1E3

Tel: 416-241-6738 • Fax: 416-241-8776
E-Mail: stbernarddeclairvauxto@archtoronto.org
Website: www.stbernarddeclairvauxto

Sunday Masses:

Saturday	5:00 pm	English
Sunday	9:00 am	Italian
	10:30 am	English
	12:00 pm	English
	3:00 pm	Malayalam Community

Confessions: ½ hour before each Sunday Mass or by appointment

Daily Masses in English:

Monday & Friday at 7:00 pm
Wednesday at 7:00 pm with Devotion to Our Lady of Perpetual Help with Rosary at 6:30 pm
Saturday at 9:00 am

Daily Masses in Italian:

Tuesday & Thursday at 8:00 am

Pastoral Team:

Fr. Boniface Perri, Pastor
Fr. Jose Johnny, Associate Pastor/Chaplain to Sacred Heart Kerala Community
Fr. Francesco Pica, In Residence
Gina Orofino, Parish Secretary
Brenda Carvalho, Bookkeeper

Office Hours:

Monday to Friday:	8:30 am - 12:30 pm
	1:30 pm - 4:00 pm
Saturday:	9:00 am - 12:00 pm

Baptisms: Parents seeking to have their child baptized must call the Parish Office to request a "Baptism Request Form". Baptism certificate for Catholic parents and Confirmation certificates for the Godparents is necessary. When documentation is complete call the Parish Office to set up an appointment with the Pastor. Upon approval from the Pastor, a Baptism date will be given.

Marriages: Couples must contact the parish office at least one year in advance. No date may be set before meeting with the priest. A marriage course is a pre-requisite.

Parish Groups:

Over 50 Club
Knights of Columbus
St. Bernard Catholic Women's League
Society of Saint Vincent de Paul

Parish Activities:

First Friday Adoration
Visitation of the Homebound

PLEASE CALL THE PARISH OFFICE FOR MORE DETAILS

LIVING LENT

Purpose of Lent Today: Lent is a time of prayer and penance, when Christ wants to lead us back to our baptismal promises of dying to sin and of living for God. We prepare ourselves to enter once again into Jesus' Paschal mystery and to renew it in our lives. Jesus invited us to follow him by carrying our cross with him each day. (Luke 9:23) He indicated that his followers would fast and do penance after he returned to heaven. (Luke 5:33-35) We are to go hungry and thirsty for the sake of justice (Matthew 5:6) and to do our praying, fasting and almsgiving without showing off. (Matthew 6:1-6, 16-17)

From the earliest centuries, Jesus' followers have tried to follow these commands. Since it was on a Friday that Jesus freely died to save us from our sins, the faithful made a special effort to do some form of penance on this day: going without food for most of the day, spending extra time in prayer, doing good works, refraining from eating meat. Like St. Paul, they wanted to offer their penances for Christ's body, the Church. (Colossians 1:24)

Over the centuries, these forms of penance have varied, and sometimes have been neglected. Today, we are being invited once more to obey our Saviour: we are to do penance for our sins and those of others, for the people of God, for peace in the world, and for the building up of God's kingdom on earth. So, to make Lent an effective time of renewal for the great celebration of Easter, let us commit ourselves to the practices of Lent.

Praying: Jesus and his apostles tell us to pray always, to be constant in prayer. Traditional times for Christians to pray are morning, evening and mealtimes. Personal prayer is a necessary preparation for our sharing in the Church's public worship, the liturgy. In our love, we join Jesus and all God's people in praying for ourselves, for our family and friends, for our leaders, for those who suffer, and for the Church and the world.

Fasting: Fasting means cutting down on the amount and richness of our food and drink. Done as a penance for sin, it helps us to pray better: an empty stomach can lead to more attentive prayer. The money we save on food should be given to others in alms. The law of fasting obliges adults until they are 60 years old.

Abstinence: This form of penance needs to be seen as a near cousin of fasting. We may give up meat especially on Fridays, the day of Christ's saving death on the cross. Our abstinence is another way of sharing in Christ's work of saving the world. We may also substitute other good actions for abstinence from meat. These could include special acts of charity (visiting the sick or aged, helping those in any need, contributing time or money to a work of charity) or other acts of piety.

Giving Alms: We give alms to help God's poor and to support the good works of the Church and other positive agencies. Again, our help is being given to Christ in his brothers and sisters. Blessed Teresa of Calcutta when asked how much to give "give until you can feel it". We do not give in order to show off or keep up with others; instead, we give cheerfully to God, who has given us everything we have.

Excerpts from the Canadian Conference of Catholic Bishop



St. John Paul II asked that on the Feast of Our Lady of Lourdes a Healing Mass be offered.

As Our Lady of Lourdes falls on a Sunday this year, we will celebrate the Mass of anointing on Saturday, February 10th, at 11:00 am. Please note, that the Sacrament of the Sick is for anyone with an illness whose cure is in doubt, or for those who are burdened by extreme age or feebleness.

St. John Paul II ha richiesto che durante la festa della Madonna di Lourdes venga celebrata una messa di guarigione.

E per questa ricorrenza sarà celebrata una messa speciale, Sabato 10 Febbraio, alle ore 11 del mattino. Vi ricordiamo che i sacramenti verranno dati solo ai malati la cui cura è in dubbio o per coloro incapaci di muoversi.



Marriage Sunday this year is February 11. The Archdiocese of Toronto always celebrates the Sunday before St. Valentine's Day as Marriage Sunday.

Here at St. Bernard, we would like to celebrate this wonderful sacrament with you. We would like to offer all married couples a special blessing at the end of every Mass that weekend. If you would like a blessing, please call the parish office to register.

Archbishop Francis Leo, will preside at a special Mass to honour married couples, with special recognition for those celebrating 25th, 40th, 50th, 60th and 60+ wedding anniversaries in 2024.

Registration for this Mass and other important information can be found at www.archtoronto.org/marriage.



PANCAKE TUESDAY

The St. Bernard Knights of Columbus invite the St. Bernard community to a Pancake Dinner in the Hall (pancakes, eggs and sausages) on Tuesday, February 13th, at 6:30 pm. Tickets will be sold after each Mass. \$10.00 per adult and \$5.00 per child



ASH WEDNESDAY
February 14th

8 am Mass Italian – 7:00 pm Mass in English

MERCOLEDI DELLE CENERI
14 Febbraio

Messa in Italiano alle ore 8 am e
in Inglese alle ore 19.



STATIONS OF THE CROSS DURING LENT
Every Friday from
February 16th to March 22nd at 6:30 pm in English
Followed immediately by Mass

VIA CRUCIS

*Durante la quaresima ci sara' il pio esercizio della
Via Crucis ogni venerdi alle ore 6:30 pm*

PARISH LENTEN RETREAT

In a practical sense, we can say that our Church is a Church of Sacraments. It defines the majority of what we do. In fact, if you are reading this there is a large probability you are just coming back from a sacrament, The Holy Sacrifice of the Mass. But why are there seven Sacraments? Where in the Bible is Confirmation or Anointing of the Sick? Why ought I go to confess my sins to a priest? Have you ever wondered?

For our Lenten retreat we will journey through the Spiritual life of the Sacraments and how they bring us closer to God and His saving grace.

The retreat will begin at 7:00 pm, on Wed., March 6th we will begin with Mass and our devotion to our Lady of Perpetual Help. On Thurs., March 7th at 7:00 pm there will be time to bring any questions you may have about the sacraments during our presentation and then the Retreat will conclude on March 8th this time at 6:30 P.M. with the Stations of the Cross, Mass and Benediction.

For some a retreat and devotions are a regular part of our spiritual life, for some they are an opportunity to walk more intentionally with Our Lord Jesus Christ, regardless Lent provides all of us with a wonderful opportunity to draw closer to our Lord. I hope to see you there!



MASS INTENTIONS

Saturday, February, 03rd to Sunday, February 11th, 2024

- Sat 03rd 12:00 pm **Mass in Honour of St. Blaise**
Blessing of the Throats
- 5:00 pm Catherine Mc Intyre
Anthony Rinh Tran -46 yr death anniversary
Joe Meschino and Rita Meschino
Luigi, Angelina, Rosina & Francesco Sottile
Melina & Ferdinando Marchese
- Sun 04th 9:00 am Mauro Ardizzi
Pia Ardizzi
Giuseppe Dominicis
Iolanda Florio
Mario Peccia and Luigi & Tullia Peccia
Berenicia Santangelo
Anna Susanna
- 10:30 am PRO POPOLO
- 12:00 pm Maria & Francesco Rende
- Mon 05th 6:30 pm Holy Rosary
7:00 pm
- Tues 06th 8:00 am
7:00 pm First Communion Class
- Wed 07th 6:30 pm Holy Rosary
7:00 pm
- Thurs 08th 8:00 am
7:00 pm Giovanni Molella (1 month Mem. Mass)
- Fri 09th 6:00 pm Holy Rosary
7:00 pm
- Sat 10th 11:00 am **Our Lady of Lourdes - Healing Mass**
5:00 pm Catherine Mc Intyre
- Sun 11th **MARRIAGE SUNDAY**
9:00 am Mauro Ardizzi
Pia Ardizzi
Iolanda Florio
- 10:30 am Antony & Maria Phero
Carlos Lopes (1 year death anniversary)
- 12:00 pm PRO POPOLO

Weekly Collection

Last week, our collection was \$4,218.15
It takes 5,000.00 to cover weekly expenses.
Thank you to those who continue to support us.
Your charity means a lot!

**Tony Soscia, DD.
Denture Clinic**

1697 Jane St.
(NE corner Jane/Lawrence)
416-241-9757
Seniors Discount

RUSTIC BAKERY LTD
DELICATESSEN & CATERING

Breads • Cakes • Desserts
318 Rustic Rd.
416-245-1919
TheRusticBakery.ca

**ALTA MODA
FURNITURE LTD.**

Manufacturers of Fine Furniture
Dining Room • Bedroom • Living Room
680 Rivermede Rd.
905-669-1040

DELMORO

FUNERAL HOME

Every Detail Remembered™ | Dignity®

61 Beverly Hills Dr. (off Jane, South of Wilson) Tel 416-249-4499

Nick Vescio | Managing Director

**Jane Lawrence
Dental Office**

1697 Jane St.
(NE corner Jane/Lawrence)
416-241-9757
New Patients Welcome



CATHOLIC & FUNERAL SERVICES

ARCHDIOCESE OF TORONTO

www.catholic-cemeteries.com

Holy Cross Cemetery & Funeral Home
905-889-7467

Queen of Heaven Cemetery
905-851-5822



**Montesanto
BAKERY**

Wednesdays -
Senior's 20% off Bread
5 Lavington Dr. 416-248-0606

Remember...

Let our advertisers know
you saw their ad here.



**WOODBIDGE GTA
CLIMATECARE.**

HEATING | COOLING | INDOOR AIR QUALITY

GTAclimatecare.com 905.851.7007

**SALES REPRESENTATIVE
WANTED**

Liturgical Publications, your weekly bulletin printer has
an opening for a **full time Sales Representative.**
Base Salary • Commission • Car Allowance • Travel Expenses
If you have a drive to succeed and are self-motivated,
email your resume to salesrep@parishbulletins.com



Shopping Locally Saves Gas!

**ACADEMY
AUTO COLLISION LTD.**

QUALITY SERVICE SINCE 1964

INSURANCE APPROVED
FREE SERVICE VEHICLES

DOWNDRAFT BAKED REFINISHES

2207 Jane Street
(1 STOP LIGHT NORTH OF WILSON)

MARK BONACCI
416-247-7821

AcademyAutoCollisionLtd.com

**THE PERFECT SPOT
TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL
905-624-4422**

**WARD
FUNERAL HOMES**

100 YEARS

WESTON
2035 Weston Rd
416-241-4618

WOODBIDGE
4671 Highway #7
905-851-9100

wardfuneralhome.com



Leonetti's
nofrills™
lower food prices



1641 Jane Street
(at Lawrence)

**HILL
GARDEN**

LIFETIME GUARANTEE ON
BRAKES & MUFFLERS
GENERAL REPAIRS & TOWING
TIRES & EMISSION TEST
724 Scarlett Rd.
416-241-8117

Call
905-624-4422
for this space