

St. Bernard de Clairvaux Church



MEMORARE OF ST. BERNARD

Remember, O Most Gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of Virgins, my Mother; to thee do I come; before thee do I stand sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but, in thy mercy, hear and answer me. Amen.

Schools:

St. Bernard Elementary School: 416-393-5261
Chaminade College School: 416-393-5509

1789 Lawrence Avenue West
Toronto, Ontario M6L 1E3

Tel: 416-241-6738 • Fax: 416-241-8776

E-Mail: stbernarddeclairvauxto@archtoronto.org

Website: stbernarddeclairvauxto.archtoronto.org

Sunday Masses:

Saturday	5:00 pm	English
Sunday	9:00 am	Italian
	10:30 am	English
	12:00 pm	English
	3:00 pm	Malayalam Community

2nd and 4th Sunday of the month Spanish Mass at 2:00 pm
Confessions: ½ hour before each Sunday Mass or by appointment

Daily Masses in English:

Monday & Friday at 7:00 pm
Wednesday at 7:00 pm with Devotion to Our Lady of Perpetual Help with Rosary at 6:30 pm

Daily Masses in Italian:

Tuesday & Thursday at 8:00 am

Pastoral Team:

Fr. Boniface Perri, Pastor
Fr. Jose Johny, Associate Pastor/Chaplain to Sacred Heart Kerala Community
Fr. Francesco Pica, In Residence
Gina Orofino, Parish Secretary
Brenda Carvalho, Bookkeeper

Office Hours:

Monday to Friday:	8:30 am - 12:30 pm
	1:30 pm - 4:00 pm
Saturday:	9:00 am - 12:00 pm

Sacraments: Please contact the office for the reception of the Sacraments.

Please Note: Couples must contact the office 1 year in advance to prepare for the Sacrament of Marriage.

Formed: Join formed.org for free, to view inspirational and informative Catholic content.

If you are new to Formed, we recommend this week on Formed at watch.formed.org/this-week-on-formed.

Parish Groups:

Over 50 Club
Knights of Columbus
St. Bernard Catholic Women's League
Society of Saint Vincent de Paul

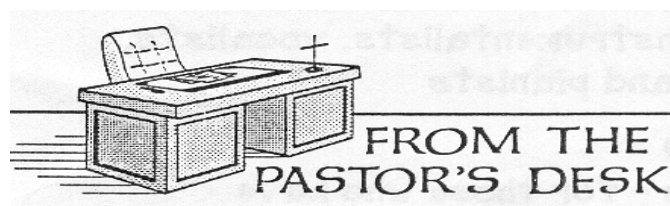
Parish Activities:

First Friday Adoration
Visitation of the Homebound

PLEASE CALL THE PARISH OFFICE FOR MORE DETAILS

MASS MINUTES - WEEK 17

THE PRINCIPLE OF CONCOMITANCE



The bread of the offering must be wheat bread and unleavened like that used by Christ at the Last Supper according to the principles given in Exodus. No other kind of bread can validly be used for the sacrifice of the Mass.

Likewise, only wine made from grapes, *fruit of the vine* of sufficient strength (so that it is true wine) and of virgin press: for we give the first fruits unto the Lord may become the Blood of Christ. Again for this is what Christ gave us, unleavened bread and wine saying 'take this and eat of it take and drink for this is my body and this is my blood'. Using anything other than unleavened bread makes the Mass invalid.

It is also important to know that the Body and Blood of Christ are both fully present in the Eucharistic species in the form of bread and in the Eucharistic species in the form of wine.

Theologically, this is known as the principle of concomitance. The Body of Christ contains the Blood of Christ and the Blood of Christ is not distinct from the Body of Christ. Furthermore, since Christ is Risen Body and Soul from the dead, His soul and Divinity are present in the Eucharist so that when one receives the Eucharist one receives the whole of Christ, Body and Blood, Soul, and Divinity, both God and man. This doctrine of concomitance is very important because it explains how those who for physical reasons are unable to receive the Eucharist under the form of either the bread or the wine are still able to receive Christ fully. Misunderstanding of this doctrine actually was a cause of the Hussite wars in the late Middle Ages. Some people thought that since the laity only received the Eucharist in the form of bread that they were not fulfilling Christ's command that one must eat His flesh and drink His blood to have eternal life (John 6:53). Whether one receives from the chalice or in the form of bread, one receives Christ entirely. (CCC 1390).

This is our last bulletin for the summer. Our next bulletin will be published September 8th.

Summer for many of us is a time of leisure, and a time to go on vacation but such moments are not wasted or a time of dalliance. As Pope Benedict reminded us, it is a time to rest and renew our energies, it is a time to think about the upcoming busy season and to plan for it and to be inspired in our prayer of how God would want to guide us in those moments. We may take a break from work in the summer but we never take a break from God in Holy Sacrifice of the Mass or in our prayers and devotion for Christ is and eternally will be the center of our lives.

So, I hope that you all have a restful, enjoyable and wonderful few months. I leave you with a blessing for the summer:

Almighty God, Lord of Heaven and Earth, we praise you for the vastness and beauty of the earth and all that is in it.

Throughout our time of rest and leisure, vacation and enjoyment, open our eyes to the earth's beauty so that we may discover the wisdom and love of the One who created it.

Bless our time together, keep us safe from all harm and refresh us in body and spirit to always do Your most Holy will.

Be with us should we journey and guide us safely home by Your Loving hand. Amen





First Holy Communion 2025

The First Holy Communion Registration will be held on Tuesday, October 8th, 2024 at 7:00 pm in the Church.

Please bring the following:

- 1) The completed registration form with a copy of your child's baptismal certificate.
- 2) \$20.00 to cover cost of the book to be used at the Catechesis classes. The book will be given to you at the registration meeting.

For those who do not attend St. Bernard's School (which will be given a form from the school by mid-September) or if your child is 7 years old or over and not baptized, but would like to receive the Sacrament of Confession and Holy Communion, please come to the office and pick up a Registration Form. You must come to this meeting as well, with the completed registration form.



CONFIRMATION 2025

Confirmation Registration will be held on Tuesday, October 15th, 2024 at 7:00 pm in the Church.

Please bring the following with you:

- 1) The completed registration form with a copy of your child's baptismal certificate.
- 2) A fee of \$50.00 to cover the cost of materials to be used at the Catechesis classes. Information will be given to you at the registration meeting.

For those who do not attend St. Bernard's School (you will be given a form from the school by mid-September) but belong to our parish we are most happy to celebrate the sacrament with you. Please come and pick up a Registration Form in the office.

If your child is 12 years old or over and not baptized, but would like to receive the Sacraments of Baptism, First Holy Communion and Confirmation you must attend this meeting.



ST. BERNARD FEAST 2024

This year the
St. Bernard Feast
will be celebrated on
Saturday, August 17th following the
5:00 pm Mass in the church hall.

Please come and join us for a free hamburger or hotdog. There will also be lechon (roast pig), pansit (noodles) pizza and more !!! All at very reasonable prices. More importantly, it is an evening of being together forming bonds of community that Jesus prayed for (Jn 17:21 Father may they be one as you and I are one) and hopefully forming friendships and memories that will last a lifetime.

We look forward to seeing everyone.

P.S. Besides who doesn't like lechon . . .



The St. Bernard community welcomes these new members during the month of June

Azra Catherine Lynn El Frieda Simpson-Griffin

Angel Osemudiamen Omonua

Eleora Adesua Omonua

Luis Enrique Robles Kaczor

Ezra Mecha Soliga

Crystabel Madueke

Weekly Collection

Last week, our collection was \$3,751.20

It takes 5,000.00 to cover weekly expenses.

Thank you to those who continue to support us.

Your charity means a lot !

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